

American Prep Lunch Menu

February 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Feb 4 - 8	Mini Corn Dogs (Turkey) OR Vegetarian Option Fruit, Veggie, Milk	Taco Salad (Beef) OR Vegetarian Taco Salad (Romaine, Black Beans, Corn, Cheese, Dressing) Fish crackers, Fruit, Milk	Chicken Nuggets with Tater Tots, Fruit, Milk OR Vegetarian Option Fruit, Veggie, Milk	Ham Hoagie with chips OR Vegetarian Option Fruit, Veggie, Milk	Breadsticks (K-5) or Mozzarella sticks (6-12) Marinara Sauce Fruit, Veggie, Milk
Feb 11 - 15	Muffin (Homemade) Yogurt, String Cheese Fruit, Veggie, Milk	Macaroni & Marinara (Beef) OR Vegetarian Macaroni & Marinara (Pasta, Marinara Meat Sauce, Cheese) Fruit, Veggie, Milk	Mini Tacos OR Vegetarian Option Fruit, Veggie, Milk	Turkey Hoagie with chips OR Vegetarian Option Fruit, Veggie, Milk	Pepperoni Pizza OR Cheese Pizza Fruit, Veggie, Milk
Feb 18 - 22	***Mid-Winter Break*** ***NO LUNCH***	***Mid-Winter Break*** ***NO LUNCH***	***Mid-Winter Break*** ***NO LUNCH***	***Mid-Winter Break*** ***NO LUNCH***	***Mid-Winter Break*** ***NO LUNCH***
Feb 25 - Mar 1	Mini Corn Dogs (Turkey) OR Vegetarian Option Fruit, Veggie, Milk	Caesar Salad (Chicken) OR Vegetarian Caesar Salad (Romaine, Cheese, Tomatos, Dressing) Fish crackers, Fruit, Milk	Chicken Nuggets with Tater Tots, Fruit, Milk OR Vegetarian Option Fruit, Veggie Milk	Ham Hoagie with chips OR Vegetarian Option Fruit, Veggie, Milk	Breadsticks (K-5) or Mozzarella sticks (6-12) Marinara Sauce Fruit, Veggie, Milk

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March 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
March 4 - 8	Muffin (Homemade) Yogurt, String Cheese Fruit, Veggie, Milk	Southwest Pasta Salad (Chicken) OR Vegetarian Pasta Salad (Pasta, Dressing, Red Beans, Peppers, Olives, Tomato, Cheese) Fruit, Veggie, Milk	Mini Tacos OR Vegetarian Option Fruit, Veggie, Milk	Turkey Hoagie with chips OR Vegetarian Option Fruit, Veggie, Milk	Pepperoni Pizza OR Cheese Pizza Fruit, Veggie, Milk
March 11 - 15	Mini Corn Dogs (Turkey) OR Vegetarian Option Fruit, Veggie, Milk	Chef Salad (Turkey) OR Vegetarian Chef Salad (Romaine, Egg, Cheese, Peas, Dressing) Fish crackers, Fruit, Milk	Chicken Nuggets with Tater Tots, Fruit, Milk OR Vegetarian Option Fruit, Veggie, Milk	Ham Hoagie with chips OR Vegetarian Option Fruit, Veggie, Milk	Breadsticks (K-5) or Mozzarella sticks (6-12) Marinara Sauce Fruit, Veggie, Milk
March 18 - 22	Muffin (Homemade) Yogurt, String Cheese Fruit, Veggie, Milk	Italian Pasta Salad (Chicken) OR Vegetarian Italian Pasta Salad (Pasta, Dressing, Chicken, Olives, Cucumber, Tomato, Cheese) Fruit, Veggie, Milk	Mini Tacos OR Vegetarian Option Fruit, Veggie, Milk	Turkey Hoagie with chips OR Vegetarian Option Fruit, Veggie, Milk	Pepperoni Pizza OR Cheese Pizza Fruit, Veggie, Milk
March 25 - 29	Mini Corn Dogs (Turkey) OR Vegetarian Option Fruit, Veggie, Milk	Italian Salad (Chicken) OR Vegetarian Italian Salad (Romaine, Olives, Tomatoes, Cucumber, Dressing) Fish crackers, Fruit, Milk	Chicken Nuggets with Tater Tots, Fruit, Milk OR Vegetarian Option Fruit, Veggie, Milk	Ham Hoagie with chips OR Vegetarian Option Fruit, Veggie, Milk	Breadsticks (K-5) or Mozzarella sticks (6-12) Marinara Sauce Fruit, Veggie, Milk

American Prep Lunch Menu

April 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
April 1 - 12	Muffin (Homemade) Yogurt, String Cheese Fruit, Veggie, Milk	Macaroni & Marinara (Beef) OR Vegetarian Macaroni & Marinara (Pasta, Marinara Meat Sauce, Cheese) Fruit, Veggie, Milk	Mini Tacos OR Vegetarian Option Fruit, Veggie, Milk	Turkey Hoagie with chips OR Vegetarian Option Fruit, Veggie, Milk	Pepperoni Pizza OR Cheese Pizza Fruit, Veggie, Milk
April 15 - 19	Mini Corn Dogs (Turkey) OR Vegetarian Option Fruit, Veggie, Milk	Taco Salad (Beef) OR Vegetarian Taco Salad (Romaine, Black Beans, Corn, Cheese, Dressing) Fish crackers, Fruit, Milk	Chicken Nuggets with Tater Tots, Fruit, Milk OR Vegetarian Option Fruit, Veggie, Milk	Ham Hoagie with chips OR Vegetarian Option Fruit, Veggie, Milk	Breadsticks (K-5) or Mozzarella sticks (6-12) Marinara Sauce Fruit, Veggie, Milk
April 22 - 26	Muffin (Homemade) Yogurt, String Cheese Fruit, Veggie, Milk	Southwest Pasta Salad (Chicken) OR Vegetarian Pasta Salad (Pasta, Dressing, Red Beans, Peppers, Olives, Tomato, Cheese) Fruit, Veggie, Milk	Mini Tacos OR Vegetarian Option Fruit, Veggie, Milk	Turkey Hoagie with chips OR Vegetarian Option Fruit, Veggie, Milk	Pepperoni Pizza OR Cheese Pizza Fruit, Veggie, Milk
Apr 29 - May 3	Mini Corn Dogs (Turkey) OR Vegetarian Option Fruit, Veggie, Milk	Caesar Salad (Chicken) OR Vegetarian Ceasar Salad (Romaine, Cheese, Tomatos, Dressing) Fish crackers, Fruit, Milk	Chicken Nuggets with Tater Tots, Fruit, Milk OR Vegetarian Option Fruit, Veggie, Milk	Ham Hoagie with chips OR Vegetarian Option Fruit, Veggie, Milk	Breadsticks (K-5) or Mozzarella sticks (6-12) Marinara Sauce Fruit, Veggie, Milk

American Prep Lunch Menu

May 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
May 6 - 10	Muffin (Homemade) Yogurt, String Cheese Fruit, Veggie, Milk	Italian Pasta Salad (Chicken) OR Vegetarian Italian Pasta Salad (Pasta, Dressing, Chicken, Olives, Cucumber, Tomato, Cheese) Fruit, Veggie, Milk	Mini Tacos OR Vegetarian Option Fruit, Veggie, Milk	Turkey Hoagie with chips OR Vegetarian Option Fruit, Veggie, Milk	Pepperoni Pizza OR Cheese Pizza Fruit, Veggie, Milk
May 13 - 17	Mini Corn Dogs (Turkey) OR Vegetarian Option Fruit, Veggie, Milk	Chef Salad (Turkey) OR Vegetarian Chef Salad (Romaine, Egg, Cheese, Peas, Dressing) Fish crackers, Fruit, Milk	Chicken Nuggets with Tater Tots, Fruit, Milk OR Vegetarian Option Fruit, Veggie, Milk	Ham Hoagie with chips OR Vegetarian Option Fruit, Veggie, Milk	Breadsticks (K-5) or Mozzarella sticks (6-12) Marinara Sauce Fruit, Veggie, Milk
May 20 - 24	Muffin (Homemade) Yogurt, String Cheese Fruit, Veggie, Milk	Macaroni & Marinara (Beef) OR Vegetarian Macaroni & Marinara (Pasta, Marinara Meat Sauce, Cheese) Fruit, Veggie, Milk	Mini Tacos OR Vegetarian Option Fruit, Veggie, Milk	Turkey Hoagie with chips OR Vegetarian Option Fruit, Veggie, Milk	Pepperoni Pizza OR Cheese Pizza Fruit, Veggie, Milk
May 27 - 31	***Memorial Day*** ***NO LUNCH***	Muffin (Homemade) Yogurt, String Cheese Fruit, Veggie, Milk	Breadsticks (K-5) or Mozzarella sticks (6-12) Marinara Sauce Fruit, Veggie, Milk	Pepperoni Pizza OR Cheese Pizza Fruit, Veggie, Milk	***Last Day*** ***NO LUNCH***